
Work & Careers

Tip of the week

Get better at public speaking

Every time you do a presentation, people assess your leadership ability, according to leadership specialist Gabrielle Dolan, who adds: "You will get the greatest return on investment by becoming a good presenter."

"Don't use 'I hate public speaking' as a cop-out because most people hate public speaking," the *Magnetic Stories* author says. "As they say, 'practice makes perfect', so the more you speak in public, the better you will become."

Dolan says presenting is a major part of the job for anyone looking to take on a more senior role. "Improve your skills by investing in training, finding a mentor and learning from the great speakers around you," she says.